

* Civil Rights / Organizations / Services

ACLU www.aclu-wa.org 206-624-2184
 Arab American www.theaacc.org 206-634-9001
[Asian Pacific/ Islander Chaya](http://www.asianpacifc.org) 206-325-0325
[Bosnian Islamic](http://www.bosnianislamic.org) Center Shoreline 206-365-3350
 CAIR [CAIRSeattle](http://www.CAIRSeattle.org) 206-367-4081
[EACS](http://www.EACS.org) E.African Community Svcs 206-721-1119
 Horn of Africa www.hoas.org 206-760-0550
 ICNA <http://www.icnarelieff.org/mfs/>
[Interfaith Community Sanctuary](http://www.interfaithcommunitysanctuary.org) 206-783-1618
 Institute for Sufi Studies 206-954-5546
[Iraqi Community Center SW](http://www.IraqiCommunityCenter.org) Youth 206 937-7680
[King County Office Civil Rights](http://www.KingCountyOffice.org) 206-263-2446
 Muslim American Soc. <http://www.maseattle.org/>
 NAACP 206-324-6600
<http://seattlekingcountynaacp.com/>
[One America](http://www.OneAmerica.org) 206-723-2203
 Peaceful [Families Task Force](http://www.FamiliesTaskForce.org) 206-568-7576
<http://www.pakistanseattle.com/> 425-836-2245
[http://povertyaction.org/basic-needs/](http://www.povertyaction.org/basic-needs/)
[Refugee Fed Services](http://www.RefugeeFedServices.org) 206-725-9181
 REWA [Refugee Women's Alliance](http://www.RefugeeWomenAlliance.org) 206-721-0243
[Seattle Office of Civil Rights](http://www.SeattleOffice.org) 206-684-4500
[SeattleOffice Immigrant/Refugee](http://www.SeattleOffice.org) 206-233-3886
 Solid Ground [//solid-ground.org](http://www.solid-ground.org) 206-694-6700
[Somali Community Services](http://www.SomaliCommunityServices.org) 206-431-5141
 Somali News [http://runtanews.com](http://www.runtanews.com)
[Urban League](http://www.UrbanLeague.org) 206-461-3792
[Veterans WA St](http://www.VeteransWA.org) 1-800-562-2308 KC 206-296-7656
Utility Assistance/Other call **211** \$\$ Assistance
[Center-stone](http://www.Center-stone.org) (utilities, helpline) 206-812-4940
[ELIA](http://www.ELIA.org) (urgent/shut off) 206-684-3688
 Hope-link [emergency services](http://www.emergency-services.org) 425-869-6027
[LI-HEAP](http://www.LI-HEAP.org) 360-725-2857
[Multi-Service Center](http://www.Multi-ServiceCenter.org) 1-800-348-7144
[Project Share](http://www.ProjectShare.org) (utilities help) 206-684-30008
[Salvation Army](http://www.SalvationArmy.org) (Shelter also) 206-447-9944
 St Vincent De Paul <http://www.svdpsseattle.org/>
*** Food Banks** call **211** or 206-461-3200
[NW Harvest](http://www.NWHarvest.org) 1-800-722-6924
 DSHS [http://foodhelp.wa.gov/basic_food.htm](http://www.foodhelp.wa.gov/basic_food.htm)

* Volunteer Opportunities

<http://www.volunteersolutions.org/uwkc/volunteer>
 *volunteering often leads to a job opportunity

* Domestic Violence Assistance call 211

Adult Abuse Reporting 1- 866-END-HARM
 Child Protective Services 1-800-562-5624
 DV Services of Sno County 425-252-2873
 CHAYA www.chayaseattle.org 1-877-92-CHAYA
 Crisis Clinic 206-461-3222 / 1-866-427-4747
www.crisisclinic.org
 D.A.W.N. Crisis Help 425-656-7867
<http://www.dawnonline.org/>
 DV Hotline Washington State 1-800-562-6025
[LifeWire Eastside DV](http://www.LifeWire.org) 1-800-827-8840
[Providers for Muslims experiencing DV](http://www.ProvidersforMuslims.org)
[New Beginnings](http://www.NewBeginnings.org) 206-522-9472
[Pathways for Women counsel](http://www.PathwaysforWomen.org) 425-774-9843
[SouthCountyYWCA](http://www.SouthCountyYWCA.org) Arabic 425-226-1266#1017

* Dental Clinics Lower Income

[Central Area Clinic](http://www.CentralAreaClinic.org) 206-461-7801
[Georgetown Clinic](http://www.GeorgetownClinic.org) 206-461-6943
[Downtown Dental Clinic](http://www.DowntownDentalClinic.org) 206-205-0577
[Eastgate Dental Clinic](http://www.EastgateDentalClinic.org) 206-296-9726
[45th Street Clinic](http://www.45thStreetClinic.org) 206-633-3350
[ICHS](http://www.ICHS.org) 206-788-3757
[Public Health Dental Clinics](http://www.PublicHealthDentalClinics.org) (N) 206-205-8580

* Eye Exams

[Eye Association NW](http://www.EyeAssociation.org) 206-215-2020
 Infant See <http://www.infantsee.org/>
[Lion's Low Vision Clinic](http://www.LionsLowVisionClinic.org) Call local Lions
<http://www.aoaafoundation.org/vision-usa>

* Health Care Clinics & Providers

*** Oct 2013** <http://wahealthplanfinder.org/>
[Al-Shifa clinic](http://www.Al-ShifaClinic.org) <http://alshifaclinic.org/>
[Children's Hospital](http://www.ChildrensHospital.org) 206-987-2000
[Breast/ Cervical /Colon Clinic](http://www.BreastCervicalColonClinic.org) 1-800-756-5437
[Community Health Access](http://www.CommunityHealthAccess.org) 206-284-0331
[Community Health Care](http://www.CommunityHealthCare.org) (CHC Clinics)
www.chpw.org 1-800-440-1561
 CSO [DSHS](http://www.DSHS.org) Medical help 1-877-501-2233
[Free Clinics King County](http://www.FreeClinics.org)
[45th Street Clinic](http://www.45thStreetClinic.org) 206-633-3350
[Harborview 3rd Ave Clinic](http://www.Harborview.org) 206-521-1231
[Hope-link \(Clinic\)](http://www.Hope-link.org) Sat 9-11:30 425-828-4304
 International [ICHS](http://www.ICHS.org) 206-788-3700
[Odessa Brown Clinic](http://www.OdessaBrownClinic.org) (children) 206-987-7200
[Overlake Outpatient](http://www.OverlakeOutpatient.org) 425-688-5111
[SeaMar Clinics](http://www.SeaMarClinics.org) King County 206-763-5277

* Housing Emergency Shelters (Homeless)

For intake call **211** or 1-800-621-4636
[Congregations for the Homeless-M](http://www.CongregationsfortheHomeless.org) 425-749-8369
 Compass <http://www.compasshousingalliance.org/>
[DESC](http://www.DESC.org) 206-464-1570
[Seattle \(CCS\)](http://www.SeattleCCS.org) 206-323-6336
[Sacred Heart](http://www.SacredHeart.org) (families,women,ch) 206-285-7489
[Salvation Army](http://www.SalvationArmy.org) M 206-621-0145
[Women's Referral Center](http://www.WomensReferralCenter.org) (6-8PM) 206-770-0156
[YMCA](http://www.YMCA.org) Y Emergency Services 206-568-7841
[YWCA Overnight Emergency Shelter](http://www.YWCA.org)

* Housing Transitional Intake: call 211

[Catholic Community Services](http://www.CatholicCommunityServices.org) www.ccswww.org
[Hope-link](http://www.Hope-link.org) (Eastside & North) 425-869-6000
<http://www.hope-link.org/>
 Pathways for Women 425-774-9843

* Permanent Housing Low Income intake: 211

[Bellwether Housing](http://www.BellwetherHousing.org) 206-622-2893
 Capital Hill Housing (CHHIP) 206-329-7303
[Everett Housing Authority](http://www.EverettHousingAuthority.org) 425-258-9222
www.evha.org / [Sno Co HASCO](http://www.SnoCoHASCO.org) 425-290-8499
[http://housingsearchnw.org/](http://www.housingsearchnw.org/) 1-877-428-8844
[IDHA](http://www.IDHA.org) InterimCDA/IDHA 206-624-1802
 ImagineHousing <http://www.sahg.org> 425-576-5190
 KingCounty Housing www.kcha.org 206-214-1300
[Low Income Housing Institute](http://www.LowIncomeHousingInstitute.org) 206-443-9935
[Pierce County Housing Authority](http://www.PierceCountyHousingAuthority.org) 253-620-5400
[Plymouth Housing](http://www.PlymouthHousing.org) 206-652-8325
 Renton Housing Authority 425-226-1850
[www.rentonhousing.org](http://www.www.rentonhousing.org)
 Seattle Housing Authority 206-239-1500
[www.seattlehousing.org](http://www.www.seattlehousing.org)
 SHAG (seniors) <http://www.housing4seniors.com/>
 Tacoma Housing <http://www.tacomahousing.org/>

* Public Transportation

CommunityTransit 425-353-RIDE/1-800-562-1375
[http://www.commttrans.org/](http://www.http://www.commttrans.org/)
 Metro 206-553-3000 /1-800-542-7876
[http://metro.kingcounty.gov/](http://www.http://metro.kingcounty.gov/)
 Pierce Co.Transit 253-581-8000 /1-800-562-8109
[http://www.piercetransit.org/](http://www.http://www.piercetransit.org/)
 SoundTransit [http://soundtransit.org/](http://www.http://soundtransit.org/) 1-888-889-6368